

Kind Choices, Different Views

Grade 3 | Social-Emotional Learning | Skill: Perspective and empathy | 2026-08-31

Directions: Read each situation. Circle the likely feeling and the kind response.

1. A classmate shares an idea, but no one responds.

Likely feeling:

left out

excited

Kind response: A. Invite them to explain more

B. Change the subject

2. Jordan worked hard on a model. It fell apart.

Likely feeling:

disappointed

excited

Kind response: A. Laugh at the model

B. Offer help and encouragement

3. Mina needs quiet to concentrate. The room is noisy.

Likely feeling:

overwhelmed

excited

Kind response: A. Offer a quieter space

B. Turn up the sound

4 Use an empathy sentence

Complete: "I can see you might feel _____. Would it help if I _____?"

Kindness grows when we notice another point of view.