

Ready, Set, Routine!

Grade 1 | Life Skills | Skill: Sequence and prepare | 2026-08-31

Directions: Number the morning steps 1-4. Then choose the most helpful action.

1 Put the routine in order



Begin the first activity



Pack books and supplies



Check the learning plan



Eat breakfast and get dressed

2 Choose the helpful preparation

1. Your pencil breaks. What helps?

Ask for another pencil

Hide the work

2. The directions feel confusing.

Guess without reading

Ask for help

3. Your body needs movement.

Take a planned stretch

Leave without telling

3 My three-step routine

1. _____

2. _____

3. _____

Prepared and proud - one helpful step at a time!